## WORKLOAD ASSESSMENT <<Softball>>

PHYSICAL EDUCATION, HEALTH, AND RECREATION FACULTY OF SPORT SCIENCE UNIVERSITAS NEGERI SURABAYA

# WORKLOAD ASSESMENT 

<< Softball >>
Academic Year 2019/2020

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A. Lesson PlanandCourseAssessment



| Week | Learning Objectives | Assessment |  | Learning Activities and Time Allotment |  | Learning Sources | Scoring |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Indicators | Criteria/Form/ Type | Offline | Online |  |  |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) |
| 1 | Developing a detailed learning contract with the rules agreed upon by the lecturer and students | Students are able to explain the assessment procedures and the rules for course activities | Lecture, discussion |  | Google Classroom, Google Meet $\text { [ } 2 \times 5 \times 50 \text { minutes }]$ | - [1] - [6] <br> - Hand out <br> - Laptop <br> - Google Activities | 10 |
| 2 | Students know the types of equipment used in softball games, and master simple softball rules. | - Students can explain simple game rules <br> - Students can name various softball game equipment | Lecture, discussion |  | ```Google Classroom, Google Meet [2 x 5 x 50minutes]``` | - [1] - [6] <br> - Hand out <br> - Laptop <br> - Google Activities | 10 |
| 3-4 | Students are skilled at throwing and catching in pairs | - Students can do throwing and catching softball in pairs | Lecture, practice |  | $\begin{gathered} \text { Google Classroom, Google } \\ \text { Meet } \\ {[2 \times 5 \times 50 \text { minutes }]} \end{gathered}$ | - [1] - [6] <br> - Hand out <br> - Laptop <br> - Google Activities | 10 |


| 5-7 | Skilled in hitting the ball with the correct grip technique according to the player and pitch character | - Students can do hitting with proper techniques <br> - Students can explain the concepts of ball, strike, foul ball, and fair ball. <br> - Students can do the sacrifice and squeeze hit with the correct technique. | Lecture, practice | Google Classroom, Google Meet $\text { [ } 2 \times 5 \times 50 \text { minutes }]$ | 10 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 8-9 | Skilled in baserunning, base to base | - Students can do base running correctly | Lecture, practice | $\begin{gathered} \text { Google Classroom, Google } \\ \text { Meet } \\ {[2 \times 5 \times 50 \text { minutes }]} \end{gathered}$ | 10 |
| 10 | Midterm Test |  |  |  |  |
| 11 | Have skills in mastery | - Students can do fielding game properly | Lecture, practice | Cl | 10 |
|  |  |  |  | [ $2 \times 5 \times 50$ minutes] |  |


| 12-13 | Mastering playing defensive and offensive positions | - Students can play a simple softball game | Lecture, practice | Google Classroom, Google Meet [ $2 \times 5 \times 50 \mathrm{minutes}$ ] | 10 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 14 | Having skills in recording matches (scoring) and being an umpire | - Students can explain scoring and umpiring techniques <br> - Students can practice scoring and umpiring | Lecture, practice | $\begin{aligned} & \begin{array}{l} \text { Google Classroom, } \\ \text { Google Meet } \end{array} \\ & {[2 \times 5 \times 50 \text { minutes }]} \end{aligned}$ | 10 |
| 15 | Having skills in pitching regulation | - Students can do pitching regulation | Lecture, practice | $\begin{aligned} & \text { Google Classroom, } \\ & \text { Google Meet } \\ & {[2 \times 5 \times 50 \text { minutes }]} \end{aligned}$ | 10 |

B. Calculation of Student Workload

| Credit Unit <br> (CU) | ECTS | Meeting Hours | Structured <br> Assignments | Independent <br> Study |
| :---: | :---: | :--- | :--- | :---: |
| 2 CU | $2 \times 1,59=3,18$ | $2 \times 50 \times 14=1400$ <br> minutes | $2 \times 60 \times 14=1680$ <br> minutes | $2 \times 60 \times 14=1680$ <br> minutes |

## APPENDICES

## APPENDIX 1 ASSESSMENT RUBRIC

## Course Assessment

## A. Assessment Rubric

1) Psychomotor Domain

In this domain, the evaluation of student participation in class includes
Psikomotor capability. The rubrics used are as follows:

| Criteria | Score |
| :--- | :---: |
| Can do catching, batting, baserunning, defense and <br> offense perfectly | $85 \leq \mathrm{SA} \leq 100$ |
| Can do catching, batting, baserunning, defense and <br> offense with minimal and unnoticeable mistake | $70 \leq \mathrm{SA}<85$ |
| Can do catching, batting, baserunning, defense and <br> offense with noticeable mistakes | $55 \leq \mathrm{SA}<70$ |
| Can do catching, batting, baserunning, defense and <br> offense with serious mistakes | $\leq \mathrm{SA}<55$ |

## 2) Knowledge/Cognitive Domain

Thestudents' knowledge is assessed through as signments (individual and group) and Tests (mid-termandEnd-termtests).

## a. Assignment Rubric

The criteria of assignment according to Assignment Rubrics:

| No | Aspects | Max. Score |
| :---: | :--- | :---: |
| 1 | Basic Softball Rules | 20 |
| 2 | Catching techniques | 10 |
| 3 | Batting techniques | 10 |
| 4 | Baserunning techniques | 10 |
| 5 | Defense play techniques | 10 |


| 6 | Offense play techniques | 10 |
| :--- | :--- | :--- |
| 7 | Basics of scoring | 15 |
| 8 | Basics of umpiring | 15 |

## b) Test (End-term tests)

The criteria of End-term tests in this course are:

1. The ability to give answers correctly according to the key and rubrics;
2. The ability to provide robust argumentation according to theory;
3. The ability to provide systematic explanations; and
4. The ability to apply the essential concepts in a particular situation comprehensively.
B. Universitas Negeri Surabaya's Grading System

University students are considered to be competent and pass if at least get $40 \%$ of the maximum End-termgrade. The End-termgrade (NA) is calculated based on the following weight:

| Assessment Components | Percentage |
| :--- | :---: |
| Participation <br> (includingattitudes/affective) | $20 \%$ |
| Assignment | $30 \%$ |
| Mid-termtest | $20 \%$ |
| End-termtest | $30 \%$ |

Scoring Conversion

| ScoringInterval <br> (outof100) | Point | Grade |
| :---: | :---: | :---: |
| $85 \leq N A \leq 100$ | 4.00 | A |
| $80 \leq \mathrm{NA}<85$ | 3.75 | $\mathrm{~A}-$ |
| $75 \leq \mathrm{NA}<80$ | 3.50 | $\mathrm{~B}+$ |
| $70 \leq \mathrm{NA}<75$ | 3.00 | B |
| $65 \leq \mathrm{NA}<70$ | 2.75 | $\mathrm{~B}-$ |
| $60 \leq \mathrm{NA}<65$ | 2.50 | $\mathrm{C}+$ |
| $55 \leq \mathrm{NA}<60$ | 2.00 | C |
| $40 \leq \mathrm{NA}<55$ | 1.00 | D |
| $0 \leq \mathrm{NA}<40$ | 0 | E |

## APPENDIX 2COURSEACTIVITIESRECORDS

a. Sample of Student Attendance




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## b. Sample of Course Log Book

## H1474




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## c. Sample of Assignment:

KEMENTERIAN RISET, TEKNOLOGI, DAN PENDIDIKAN TINGGI UNIVERSITAS NEGERI SURABAYA FAKULTAS ILMU OLAHRAGA

Kampus Lidah
Jalan Lidah Wetan, Surabaya 64732 T : +6231-7532759 F:+6231-7532759 web: fik.Unesa.ac.id. email : fik@unesa.ac.id

|  | ASSIGNMENT |
| :--- | :--- |
| Course | : Softball |
| Material | : Scoring and Umpiring |
| Kelas | : 2019 ABCD, 2018 E |
| Lecturer | : Softball Course Lecturer Team |

1. Watch the 2019 Women's Softball World Championship Final match between Japan and USA on YouTube
2. Identify the most meritorious player in the match (MVP) and give reasons.
3. Make a match analysis which includes: a summary of the application of basic techniques (batting, throwing, catching, base running, and sliding) by players in a match.
4. Identify umpire calls and extraordinary events in the match.

Answer:



Dipindai dengan CamScanner



Dipindai dengan CamScanner

## SOFTBALL MIDTERM ASSIGNMENT

Create a video showing:

1. How to hold the ball and use the glove
2. The position of catching the ball (catching) (up, down, chest, right, left, grounding, and flyball)
3. Underhand and upperhand throws with and without prefix
4. How to hold the bat
5. How to swing the bat until it hits the ball
6. Free batting

Please include a brief explanation for each technical component.


Source: https://youtu.be/9VaqbmZzRSA

## Sample of End-term Test

## 2020/2021 EVEN SEMESTER FINAL EXAM

| Department | $:$ Physical Education | Day / Date | $:$ |
| :--- | :--- | :--- | :--- |
| Study <br> Programme | $:$ Physical Education, Health, and <br> Recreation | Duration | $: 100$ Menit |
| Course | $:$ Softball | Cohort/Class $: 2016$ / A, B, C, D |  |
| Dosen | 1. Dra. Sasminta Christina Y.H., | Name | $:$ |
| M.Pd. | 2. Dr. Advendi Kristiyandaru, <br> M.Pd. <br> 3. Muchamad Arif Al-Ardha. S.Pd., <br> M.Ed. | Student ID | $:$ |



## I. CHOOSE THE MOST CORRECT ANSWER!

1. The world's softball organizations are:
a. ISF
b. IBF
c. IBSF
d. ASA
2. The dividing line between the fair territory and the fall territory in the softball field is called:
a. Line drive
b. Foul line
c. Fair ball
d. Base path
3. On deck circle is where a player stands:
a. After hitting and heading to base
b. When the bat is about to strike
c. After a player is declared dead (out)
d. Before it's your turn to hit
4. The player who is in 6th place in a softball game is called:
a. Left-fielder
b. Third baseman
c. Short Stop
d. Second baseman
5. Fair ball is a ball that has been hit and stops within the fair area:
a. Between home plate and base I
b. Between base II and base III
c. Between base I and base II
d. Between home plate and base I or between home plate and base III
6. Fair ball is the result of a ball hitting and stopping in a fair area, except:
a. Between home plate and base I
b. Between home plate and base II
c. Between home plate and base III
d. The first time the ball falls in the fair area behind base I or base II
7. Under what circumstances should a runner step on base I?
a. If the result of a bunt
b. If the ball is hit far
c. If the ball hits far and the batter has a desire to continue to the next base base
d. If the batter has no desire to continue to the next base
8. If a fair ball bounces and rolls towards the audience above, below or over the fence or other obstacle that limits the field, then:
a. All base runners are rewarded with advancing 2 bases when pitching
b. The ball stays in play
c. Batter gets one more ball
d. All runners must stay in their respective bases
9. Foul is a ball that is hit into the foul area is considered valid unless:
a. The first time the ball falls in the fair area after first base
b. Stop in the foul area between home plate and base III
c. Stop in the foul area between home plate and base I
d. Passes first base or third base in the foul area
10. A strike is shouted by an umpire in several ways, except:
a. for any ball that is pitched but does not enter the strike area or touch the ground before reaching home plate and is not hit
b. For every foul tip caught by the catcher
c. For every pitch that is legal and hit but not hit
d. For each valid pitch and enters the strike area before hitting the ground the batter does not swing
11. The so-called "innings" in softball and baseball games are:
a. When the hitter fails to hit or dies 3 times
b. When the guard team manages to catch the bat 3 times
c. Change from offense team to defense team
d. When a team has 1 turn for defense and 1 turn for offense
12. In a softball game, if one of the teams manages to lead by 9 points, then the match will end in the .... inning.
a. To 4
b. To 5
c. To 6
d. 7th
13. Substitutes are considered included in the match without penalty in the following cases, except:
a. If a batter takes his place in the dug out
b. If a batter takes a place in the batter's box
c. If a fielder, it takes the place of the fielder being replaced
d. If a runner, he takes the runner's place on the base occupied
14. Illegally batted ball, is considered as a result of an invalid stroke, except:
a. When the batter hits the ball with an altered bat
b. If any part of the foot touches the home plate when hitting the ball
c. When the batter hits the ball out over the field fence
d. When the batter hits the ball with both feet outside the batter box
15. A runner is not declared out if:
a. Runners hit by a ball thrown in his body
b. Runners are ticked (tags) on their way to the base after successfully hitting the fair ball
c. Runners are forced to run and the base is burned
d. Runners leaving base after a home run
16. Stolen base can be fatal if:
a. The runner leaves the base with the width of the ball
b. The runner leaves the base after the ball has been hit fair
c. The runner leaves the base too soon before the ball is released
d. Runner leaves base after a home run
17. If a runner is hit by the ball directly before it passes the guard in the fair area, excluding the pitcher, then:
a. The runner is declared not out
b. The runner must return to the original base
c. The runner is declared out
d. The runner is considered to be disturbing the fielder (guard)
18. Often a batter tries to block the catcher in his attempt to catch the ball and as a result:
a. The ball stays alive and in play
b. Runner can continue running
c. Batter declared out
d. The ball is not in play
19. A member of a team who has a turn to hit, is prohibited from interfering with opposing players who are trying to catch the ball bounced in the foul area, as a result:
a. Dead ball, batter is not declared out
b. Play ball, batter is not declared out
c. Dead ball, batter is declared out and base runner must return
d. The ball is live, the batter is declared out and the base runner does not need to return to the original base
20. A batter is declared out in the following circumstances, except:
a. On the 3 rd strike the ball is not caught by the catcher, base I is filled, dead 2
b. If the batter uses an altered bat go to the batter's box
c. If a fly ball is caught
d. If the ball on the 3rd strike is hit, but does not hit and touches every part of the batter's body
21. A home run occurs when a hitter manages to hit:
a. When the ball is hit, it bounces high in the field, it is caught with a hat by the guard
b. When the hitter runs towards home without stepping on the field base, then the base is burned by the guard
c. When the ball is in the fair area it falls in front of the fence with a distance of less than 2225 feet from home plate
d. The ball hits the field boundary frang which is higher than the existing fence
22. The referee/umpire may declare forfeited for a match for an innocent team in the following cases, except:
a. If after the match starts one of the teams refuses to continue the match
b. If present but refuses to start the match according to the time set by the committee
c. If one of the teams is not present on the playing field
d. If after the umpire warning, one of the teams wants to continue the match
23. Force out is an out that occurs if a runner loses his right to occupy the base he is currently occupying, because the batter becomes the base runner, before he reaches the base in front of him, he is turned off, this happens if:
a. Base II and III fill 2 dead, base III and home plate burned
b. Base III fill before dying 2 , home plate burned by runner 2 out
c. Base II is filled, 2 base III is dead and the runner is out
d. Base I and II filled, dead 0 , base II and III burned, runner 2 out
24. We know "Wild Pitch" (wild ball) or passed ball in softball games. If a wild pitch or passed ball goes down, the top passes or nests in the back stop, then:
a. All base runners are awarded 2 bases
b. Batter is rewarded with 1 base if it occurs on the 4th ball
c. The batter is declared out for not hitting the ball
d. The ball is not dead (in play)
25. The base runner is required to return to his base in the following circumstances, except:
a. If there is a home run
b. If a foul ball is declared illegally caught
c. If the umpire's plate or shirt hinders the catcher from trying to throw the ball
d. If the ball is declared illegally struck by the umpire
26. The ball is declared dead and not in play, unless:
a. If the ball is hit legally
b. If a foul ball is not caught
c. If the ball is pitched illegally
d. If the umpire's plate or shirt hinders the catcher from trying to throw the ball
27. If a member of the offensive team intentionally interferes during the fair ball, then:
a. Play ball and stay in game
b. A The ball is declared dead and not in play
c. A runner can continue his run to his front base
d. The player who interfered earlier is still alive and not turned off
28. In an inning, each team is only allowed to hold one change conference between the manager/other official team from the dugout and each pitcher, the second change conference will result in:
a. The pitcher will be kicked out of the remaining matches pertandingan
b. Manager/official removed from remaining matches
c. The team concerned is fortified 7-0
d. On the next match day the manager/official is not allowed to enter the dugout to lead his team
29. Illegal pitches are usually accompanied by:
a. The hitter gets a strike
b. Runner who is in third base goes home (point)
c. Dead batter
d. Runner can't die
30. If a runner has an accident while trying to reach a base that is his right, then:
a. The runner can be replaced with another player
b. The runner cannot be replaced by someone else
c. The runner gets 1 extra base
d. The runner must return to the original place he occupied
31. Hit by pitch ball, is not an attempt by a pitcher, but:
a. Bat hit the ball directly from the pitcher
b. The bat is hit by the ball from his own stroke (double hit)
c. The bat is hit by the ball when the pitcher pitches the ball
d. The bat is hit by the ball from the base at home
32. Play ball or ball in play in the following circumstances, except:
a. If the batter hits the ball it's legal
b. If a fly ball hits an umpire in the fair territory
c. If appeal play is submitted and accepted by umpire
d. If a fly ball is caught legally
33. Plate umpire and base umpire have the same authority in several respects, except:
a. Declared runner out for leaving base too soon
b. Declare illegal pitch
c. Does not specify that the match is declared forfeited
d. Declares "time" to temporarily suspend the game
34. If a fielder obstructs a base runner trying to reach a base, then:
a. Dead ball (not in play)
b. Defenders blocking runners are removed from the field
c. Runners get extra bases
d. The coach of the guard whose obstruction was removed from the playing field
35. If bases I and II are filled, die 0 , the bat on the third strike is not hit, the catcher is not caught, then:
a. Out batter
b. Runners can't run
c. The batter hits again
d. The batter must go to base
36. Base runner, has the right to advance to the next base without being turned off, if:
a. He has to clear a base because the batter gets a base on ball prize
b. He was hit by a ball from the guard
c. He has to clear a base because the batter gets pressure from the other batter after hitting the ball
d. He got hit directly from another batter
37. Base runner has the right to advance to the next base without turning it off:
a. If you have to empty the base because the batter gets one base reward hadiah
b. If a fielder blocks (obstructs) a base runner, trying to reach a base
c. If a wild pitch or passed ball goes up, down or nests in the back stop
d. If there is a foul tip
38. The base runner must return to his base in the following circumstances:
a. If it is declared that the ball was hit illegally by the umpire
b. If a foul ball is declared legally caught by the umpire
c. If a foul is caught
d. If the batter is hit by a pitched ball
39. The base runner must return to his base in the following circumstances:
a. If a foul ball is not caught
b. If the batter is hit by the pitched ball unless the runner has to vacate the base because the batter is the runner
c. If any part of the batter's body is hit by the pitched ball when he hits it and does not hit
d. If the runner is hit by a dart fielder
40. If a runner intentionally kicks a ball that a fielder fails to control, then:
a. Play ball, out base runner
b. Dead ball, safe base runner
c. Dead ball, out base runner
d. Play ball, safe base runner
41. The ball is declared dead and not in play, unless:
a. If the batter steps from one box to another, when the pitcher is ready to pitch
b. If the ball is pitched illegally
c. If a foul ball can be caught
d. If a foul ball cannot be caught
42. If the offensive team interferes, then the ball is declared dead and not in play in these events, unless:
a. If the batter intentionally hits the ball twice
b. If the batter blocks the catcher
c. If the batter hits the home run
d. If a member of the offensive team intentionally kicks a ball that the fielder fails to control
43. The ball is live or in play in all of the following, except:
a. If there is a third strike rule
b. If there is a foul tip on strike 1 caught
c. If there is a foul tip that is not caught
d. If applied infield fly
44. If the first and second bases have runners, no one has died, the batsman hits a foul tip on the 2 nd strike, then:
a. The batter is declared dead
b. The hitter must run to base I
c. Free hit to base I without turning it off
d. The bat repeats hitting the ball
45. If the first and second bases have runners, no one has died, the batsman hits a foul tip on the 1 st strike, then:
a. Dead batter
b. The hitter must run to the base
c. Free bat and go to base I without turning it off
d. The hitter has a chance to hit again
46. Base II and III there are runners, no one dies, the hitter hits the ball and is touched by the catcher above his head, but is not caught, then:
a. The hitter is declared dead (out)
b. The hitter has the right to hit again
c. Free bat and go to base I without turning it off
d. The hitter must run to the base
47. In Base II and III, there are no runners dead yet, the hitter hitting the ball on the third strike doesn't hit and is caught by the catcher then ::
a. The hitter hits again and the runner stays on base
b. The hitter is declared dead and the runner at base III may enter the home
c. The hitter is declared dead and the runner remains in base
d. The hitter hits again and the runner can go to the base in front of him
48. If base I and base II have runners and only one dies, the hitter hitting the ball on the 3rd strike does not hit and is not caught by the catcher, then:
a. Base I and II runners are not allowed to run
b. The hitter must run to base I
c. Base I and II runners can run
d. The hitter is declared dead (out)
49. Base II has a runner, only one person died, the next hitter was hit by a pitcher ball that was accidentally dropped to the ground (before it hit the bat). This event causes:
a. Base II runner is free to go home without turning it off
b. Base II runners are not allowed to run to base III because of dead ball
c. Free hitter to base I
d. The bat is dead (out) because it hit the ball
50. There are already 2 people who died (out), base I and base III have runners, the next hitter is hit by ball thrown from the pitcher on his head, this causes:
a. Change play occurs
b. Base III runner is free to go home without turning it off
c. The batter keeps hitting
d. The hitter is declared dead (out) because he is blamed for not avoiding the ball

## UAS SOFTBALL 2020/2021

Dikarenakan keadaan terbaru terkait dengan pandemi Covid-19, dengan sangat menyesal ujian akhir semester (UAS) harus dilaksanakan secara online. Meski begitu, Ibu berharap saudara tetap mengerjakan ujian dengan jujur, serius, dan maksimal, seperti layaknya ujian di kelas.

Soal ujian terdiri dari 50 soal pilihan ganda dengan waktu pekerjaan selama 60 menit, yaitu dari pukul 11:00-12:00. Oleh karena itu, pastikan saudara menggunakan waktu yang ada dengan sebaik mungkin.

Untuk mengumpulkan ujian saudara, klik "KIRIM."
Di akhir ujian, saudara dapat melihat skor yang saudara dapat dengan klik "view score."
Selamat mengerjakan!
Email responden (ariesyam.20097@mhs.unesa.ac.id) dicatat saat formulir ini dikirimkan.

## Nama *

arie syam setiyono

NIM *
20060464097

## Kelas *



Kelas A


Kelas BKelas CKelas DKelas E

1. Induk organisasi softball dunia adalah:
( a. ISFb. IBFc. IBSFd. ASA
2. Garis pemisah antara fair territory dan fall territory di lapangan softball disebut:a. line driveb. foul linec. fair balld. base path
3. On deck circle adalah tempat berdirinya seorang pemain :a. sesudah melakukan pukulan dan menuju baseb. pada saat pemukul akan melakukan pukulanc. setelah seorang pemain dinyatakan mati (out)d. sebelum mendapat giliran memukul
4. Pemain yang berada di posisi 6 dalam permainan softball disebut:a. Left-fielderb. Third basemanc. Short Stopd. Second baseman
5. Fair ball adalah bola yang telah dipukul dan berhenti dalam daerah fair :a. antara home plate dengan base Ib. antara base II dengan base IIIc. antara base I dengan base IId. antara home plate dengan base I atau antara home plate dengan base III
6. Fair ball adalah hasil suatu pukulan bola dan berhenti dalam daerah fair, kecuali:a. antara home plate dengan base Ib. antara home plate dengan base IIc. antara home plate dengan base IIId. pertama kali bola jatuh di daerah fair dibelakang base I atau base II
7. Dalam keadaan apa seorang runner harus menginjak base I? 2 poin
( a. Jika hasil pukulan buntb. Jika bola hasil pukulan jauhc. Jika bola hasil pukulan jauh dan batter ada keinginan untuk melanjutkan ke base selanjutnyad. Jika batter tidak ada keinginan untuk melanjutkan ke base berikutnya
8. Apabila suatu bola fair (fair ball) memantul dan menggelinding ke tempat penonton 2 poin diatas, dibawah atau melewati fence atau rintangan lainnya yang membatasi lapangan, maka :
( a. semua pelari base (base runner) diberi hadiah maju 2 base saat dilakukan pitchb. bola tetap dalam permainanc. batter mendapat tambahan satu balld. semua runner harus tetap berada di basenya masing-masing
9. Foul adalah bola yang dipukul memasuki daerah foul dianggap sah kecuali :a. pertama kali bola jatuh didaerah fair sesudah base pertama
( b. berhenti didaerah foul antara home plate dan base IIIc. berhenti di daerah foul antara home plate dan base Id. melewati base pertama atau base III didaerah foul
10. Suatu strike diteriakkan oleh umpire dalam beberapa hal, kecuali :a. untuk setiap bola yang di pitch tetapi tidak memasuki daerah strike atau menyentuh tanah sebelum mencapai home plate dan tidak dipukulb. untuk setiap foul tip yang ditangkap oleh catcherc. untuk setiap pitch yang sah dan diukul tetapi tidak kenad. untuk setiap pitch yang sah dan memasuki daerah strike sebelum menyentuh tanah batter tidak melakukan swing
11. Yang disebut dengan "inning" dalam permainan softball dan baseball adalah:a. Ketika pemukul gagal memukul atau mati sebanyak 3 kalib. Ketika regu penjaga berhasil menangkap bola pemukul sebanyak 3 kalic. Pergantian dari regu offense ke regu defensed. Ketika suatu tim sudah mendapat 1 kali giliran defense dan 1 kali giliran offense
12. Dalam permainan softball, jika salah satu tim berhasil unggul 9 poin, maka pertandingan akan diakhiri pada inning ke ...a. Ke 4b. Ke 5c. Ke 6d. Ke 7
13. Pemain pengganti dianggap sudah termasuk dalam pertandingan tanpa hukuman 2 poin dalam hal-hal sebagai berikut, kecuali :a. jika seorang batter mengambil tempat di dug outb. jika seorang batter mengambil tempat di batter?s boxc. jika seorang fielder, ia mengambil tempat fielder yang digantid. jika seorang runner, ia mengambil tempat runner di base yang ditempati
14. Illegally batted ball, dianggap sebagi hasil pukulan tidak sah, kecuali :a. apabila batter memukul bola dengan altered batb. bila setiap bagian dari kaki menyentuh home plate pada waktu memukul bolac. apabila batter memukul bola keluar melewati pagar lapangand. bila batter memukul bola dengan kedua kakinya berada diluar batter box
15. Seorang pelari tidak dinyatakan out apabila :a. pelari terkena bola lemparan di badannyab. pelari di tik (tag) pada saat menuju base setelah berhasil memukul bola fairc. pelari lari terpaksa dan basenya dibakard. pelari meninggalkan base setelah terjadi home run
16. Stolen base bisa berakibat fatal jika :
( a. runner meninggalkan base bersamaan dengan leasnya bolab. runner meninggalkan base setelah bola terpukul fairc. runner meninggalkan basenya terlalu cepat sebelum bola lepasd. runner meninggalkan base setelah terjadi home run


#### Abstract

17. Jika seorang pelari terkena bola pukulan langsung sebelum melewati penjaga di daerah fair, tidak termasuk pitcher, maka :


a. pelari tersebut dinyatakan tidak outb. pelari tersebut harus kembali ke base semulac. pelari tersebut dinyatakan outd. pelari tersebut dianggap menggangu fielder (penjaga)18. Sering seorang batter mencoba menghalangi catcher dalam usahanya menangkap 2 poin bola dan akibatnya :a. bola tetap hidup dan dalam permainanb. runner boleh melanjutkan larinyac. batter dinyatakan outd. bola tidak dalam permainan
19. Seorang anggota regu yang mendapat giliran memukul, dilarang menggangu (interference) pemain lawan yang berusaha menangkap bola melambung di daerah foul, akibatnya :a. bola mati, batter tidak dinyatakan out
() b. bola hidup, batter tidak dinyatakan outc. bola mati, batter dinyatakan out dan base runner harus kembalid. bola hidup, batter dinyatakan out dan base runner tidak perlu kembali ke base semula
20. Seorang batter dinyatakan out dalam keadaan berikut, kecuali :
( a. pada strike ke 3 bola tidak tertangkap catcher, base 1 isi, mati 2b. jika batter menggunakan altered bat masuk ke batter?s boxc. jika suatu fly ball (bola melambung) ditangkapd. jika bola pada strike ke 3 dipukul, akan tetapi tidak kena dan menyentuh setiap bagian badan batter
21. Home run terjadi apabila seorang pemukul berhasil memukul :
() a. pada waktu bola dipukul melambung tinggi dilapangan ditangkap dengan topi oleh penjagab. pada waktu pemukul lari menuju home tanpa menginjak base lapangan, kemudian base dibakar oleh penjagac. pada waktu bola berada di daerah fair yang jatuh didepan fence dengan jarak kurang dari 2225 feet dari home plated. bola mengenai frang batas lapangan yang lebih tinggi dari fence yang ada
22. Wasit/umpire dapat menyatakan forfeited atas suatu pertandingan bagi team yang 2 poin tidak bersalah dalam hal sebagai berikut, kecuali :a. jika setelah pertandingan dimulai salah satu team menolak untuk meneruskan pertandingan
b. jika hadir tetapi menolak untuk memulai pertandingan menurut waktu yang telah ditetapkan oleh panitiac. jika salah satu team tidak hadir dilapangan permainand. jika setelah peringatan umpire, salah satu team mau melanjutkan pertandingan

## 23. Force out adalah suatu out yang terjadi jika pelari kehilangan haknya menempati

 base yang sedang ia tempati, karena batter menjadi base runner, sebelum ia mencapai base di depannya, ia sudah dimatikan, hal ini terjadi apabila :a. base II dan III isi mati 2, base III dan home plate dibakarb. base III isi sebelum mati 2, home plate dibakar pelari 2 outc. base II isi, mati 2 base III dibakar dan pelari tersebut outd. base I dan II isi, mati 0, base II dan III dibakar, pelari 2 out24. Kita kenal "Wild Pitch" (bola liar) atau passed ball dalam permainan softball. Jika 2 poin suatu wild pitch atau passed ball menuju ke bawah, ka atas melewati atau bersarang di back stop, maka :a. semua base runner diberi hadiah 2 base
() b. batter diberi hadiah 1 base jika terjadi pada ball ke 4c. batter dinyatakan out karena tidak memukul bola tersebutd. bola tidak mati (dalam permainan)
25. Base runner diharuskan kembali ke basenya dalam keadan sebagai berikut, kecuali 2 poin :a. jika terjadi home runb. jika suatu foul ball dinyatakan ditangkap secara tidak sahc. jika plate umpire atau bajunya menghalangi catcher dalam usahanya melempar bolad. jika bola dinyatakan dipukul secara tidak sah oleh umpire
26. Bola dinyatakan mati dan tidak dalam permainan, kecuali :
( a. jika bola dipukul secara sahb. jika suatu foul ball tidak ditangkapc. jika bola di-pitch secara tidak sahd. jika plate umpire atau bajunya menghalangi catcher dalam usahanya melempar bola
27. Jika seorang anggota dari offensive team dengan sengaja melakukan interference 2 poin pada waktu fair ball, maka :a. bola hidup dan tetap dalam permainan
() b. bola dinyatakan mati dan tidak dalam permainanc. seorang pelari dapat melanjutkan larinya ke base depannyad. pemain yang melakukan interference tadi tetap hidup dan tidak dimatikan
28. Dalam suatu inning tiap team hanya diperkenankan mengadakan satu kali change 2 poin conference antara manager/official team lainnya dari dugout dengan setiap pitcher, change conference yang kedua akan berakibat :a. pitcher akan dikeluarkan dari pertandingan yang tersisa
() b. manager/official dikeluarkan dari pertandingan yang tersisac. team bersangkutan di fortified 7-0d. pada hari pertandingan selanjutnya manager/official tidak diperkenankan masuk dugout untuk memimpin teamnya
29. Illegal pitch biasanya disertai dengan :a. pemukul mendapat strikeb. pelari yang ada di base tiga masuk home (point)c. pemukul matid. pelari tidak boleh mati
30. Jika seorang runner mengalami kecelakaan pada waktu berusaha mencapai suatu 2 poin base yang menjadi haknya, maka :
(
a. pelari tersebut dapat diganti dengan pemain lainb. pelari tersebut tidak boleh diganti oleh orang lainc. pelari tersebut mendapat extra 1 based. pelari tersebut harus kembali ke tempat semula yang ia tempati
31. Hit by pitch ball, adalah bukan merupakan usaha dari seorang pitcher, tetapi :a. pemukul terkena bola pukulan langsung dari pitcherb. pemukul terkena bola hasil pukulannya sendiri (double hit)c. pemukul terkena bola lemparan waktu pitcher pitch bolad. pemukul terkena bola lemparan base di home
32. Bola hidup atau ball in play pada keadaan berikut, kecuali :a. jika batter memukul bola sahb. jika suatu fly ball mengenai umpire di daerah fair territoryc. jika appeal play diajukan dan diterima oleh umpired. jika suatu fly ball ditangkap secara sah
33. Plate umpire dan base umpire mempunyai kewenangan yang sama dalam beberapa hal, kecuali :
a. menyatakan runner out karena meninggalkan base terlalu cepatb. menyatakan illegal pitchc. tidak menentukan bahwa pertandingan dinyatakan forfeitedd. menyatakan "time" untuk penundaan sementara permainan
34. Jika seorang fielder merintangi (obstruction) seorang base runner yang berusaha 2 poin mencapai suatu base, maka :a. bola mati (tidak dalam permainan)b. penjaga yang merintang pelari dikeluarkan dari lapanganc. pelari mendapatkan ekstra basesd. coach dari penjaga yang obstruction tersebut dikeluarkan dari lapangan pertandingan
35. Bila base I dan II isi, mati 0 , pemukul bola pada strike ke tiga tidak kena, tidak tertangkap catcher, maka :a. pemukul outb. pelari tidak boleh laric. pemukul memukul lagid. pemukul harus ke base
36. Base runner, berhak maju ke base berikutnya tanpa dimatikan, jika :a. ia harus mengosongkan suatu base karena batter mendapat hadiah base on ballb. ia terkena lemparan bola dari penjaga
c. ia harus mengosongkan suatu base karena batter mendapat paksaan dari batter lainnya setelah berhasil memukul bolad. ia terkena pukulan langsung dari batter lainnya
37. Base runner berhak maju ke base berikutnya tanpa dapat dimatikan :a. jika terpaksa harus mengosongkan base karena batter mendapat hadiah satu base
b. jika seorang fielder merintangi (obstruction) seorang base runner, yang berusaha mencapai suatu basec. jika suatu wild pitch atau passed ball menuju ke atas, ke bawah atau bersarang di back stopd. jika terjadi foul tip
38. Base runner harus kembali ke basenya dalam keadaan sebagai berikut :a. jika dinyatakan bola dipukul secara tidak sah oleh umpireb. jika suatu foul ball dinyatakan ditangkap secara sah oleh umpirec. jika suatu foul ditangkapd. jika batter terkena bola yang di-pitch
39. Base runner harus kembali ke basenya dalam keadaan sebagai berikut :a. jika suatu foul ball tidak ditangkap
b. jika batter terkena bola yang di-pitch kecuali jika runner harus mengosongkan basenya karena batter menjadi runner
c. jika setiap bagian badan batter terkena bola yang di-pitch pada waktu ia memukul dan tidak kenad. jika runner terkena lemparan dart fielder
40. Jika seorang runner dengan sengaja menendang bola yang gagal dikuasai seorang 2 poin fielder, maka :a. bola hidup, base runner matib. bola mati, base runner hidupc. bola mati, base runner matid. bola hidup, base runner hidup
41. Bola dinyatakan mati dan tidak dalam permainan, kecuali :
a. jika batter melangkah dari box yang satu ke box yang lain, pada saat pitcher sudah siap melakukan pitchb. jika bola di-pitch secara tidak sahc. jika suatu foul ball dapat ditangkapd. jika suatu foul ball tidak dapat ditangkap
42. Jika offensive team melakukan interference, maka bola dinyatakan mati dan tidak dalam permainan pada peristiwa-peristiwa ini, kecuali :a. jika batter dengan sengaja memukul bola dua kalib. jika batter menghalangi catcherc. jika batter memukul bola home run
d. jika seorang anggota dari offensive team dengan sengaja menendang bola yang gagal dikuasai fielder
43. Bola hidup atau dalam permainan pada hal-hal berikut, kecuali :a. jika terjadi third strike rulesb. jika terjadi foul tip pada strike 1 tertangkapc. jika terjadi foul tip yang tidak tertangkapd. jika diberlakukan infield fly
44. Apabila base I dan II ada pelari, belum ada yang mati, pemukul memukul foul tip 2 poin pada strike yang ke 2 , maka :a. pemukul dinyatakan matib. pemukul harus lari ke base Ic. pumukul bebas ke base I tanpa dapat dimatikand. pemukul mengulang memukul bola
45. Apabila base I dan II ada pelari, belum ada yang mati, pemukul memukul foul tip pada strike yang ke 1, maka :a. pemukul matib. pemukul harus lari ke basec. pemukul bebas dan ke base I tanpa dapat dimatikand. pemukul ada kesempatan memukul lagi
46. Base II dan III ada pelari, tidak ada yang mati, pemukul memukul bola dan tersentuh 2 poin oleh catcher diatas kepalanya, tetapi tidak tertangkap, maka :
( a. pemukul dinyatakan mati (out)b. pemukul berhak memukul lagic. pemukul bebas dan ke base I tanpa dapat dimatikand. pemukul harus lari ke base
47. Base II dan III ada pelari belum ada yang mati, pemukul memukul bola pada strike 2 poin ke tiga tidak kena dan tertangkap catcher maka :a. pemukul memukul lagi dan pelari tetap di base
() b. pemukul dinyatakan mati dan pelari di base III boleh masuk ke homec. pemukul dinyatakan mati dan pelari tetap di based. pemukul memukul lagi dan pelari boleh menuju base didepannya
48. Jika base I dan base II ada pelari dan baru satu mati, pemukul memukul bola pada 2 poin strike ke 3 tidak kena dan tidak tertangkap catcher, maka :a. pelari base I dan II tidak boleh larib. pemukul harus lari ke base Ic. pelari base I dan II boleh larid. pemukul dinyatakan mati (out)
49. Base II ada pelari, mati baru satu orang, pemukul berikutnya terkena bola pitcher 2 poin yang sengaja dijatuhkan ke tanah (sebelum kena pemukul tersebut). Peristiwa ini menyebabkan:
() a. pelari base II bebas ke home tanpa dapat dimatikanb. pelari base II tidak boleh lari ke base III karena dead ballc. pemukul bebas ke base Id. pemukul mati (out) karena kena bola
50. Sudah ada 2 orang yang mati (out), base I dan base III ada pelari, pemukul berikutnya terkena bola lemparan dari pitcher di kepalanya, hal ini menyebabkan :a. terjadi change play
( b. pelari base III tetap di basec. pemukul terus memukuld. pemukul dinyatakan mati (out) karena disalahkan tidak menghindar dari bola

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