

**STRUKTUR KURIKULUM**  
**PROGRAM STUDI S-1 ILMU KEOLAHRAGAAN**  
**ANGKATAN TAHUN AKADEMIK 2020/2021**

| No.           | Kode MK    | Nama Matakuliah               | Nama Matakuliah<br>(in English)      | Kegiatan  |    | Status |   | Semester<br>ke | Prasyarat                 | Semester ke |          |          |          |          |          |          |          |          |  |  |  |  |  |  |
|---------------|------------|-------------------------------|--------------------------------------|-----------|----|--------|---|----------------|---------------------------|-------------|----------|----------|----------|----------|----------|----------|----------|----------|--|--|--|--|--|--|
|               |            |                               |                                      | K         | Pr | W      | P |                |                           | 1           | 2        | 3        | 4        | 5        | 6        | 7        | 8        |          |  |  |  |  |  |  |
| 1             | 0001212001 | Pendidikan Agama Islam        | <i>Religions</i>                     | 2         |    | √      |   | 1              |                           | 2           |          |          |          |          |          |          |          |          |  |  |  |  |  |  |
|               | 0001212003 | Pendidikan Agama Katolik      | <i>Religions</i>                     |           |    |        |   |                |                           |             |          |          |          |          |          |          |          |          |  |  |  |  |  |  |
|               | 0001212002 | Pendidikan Agama Protestan    | <i>Religions</i>                     |           |    |        |   |                |                           |             |          |          |          |          |          |          |          |          |  |  |  |  |  |  |
|               | 0001212004 | Pendidikan Agama Hindu        | <i>Religions</i>                     |           |    |        |   |                |                           |             |          |          |          |          |          |          |          |          |  |  |  |  |  |  |
|               | 0001212005 | Pendidikan Agama Budha        | <i>Religions</i>                     |           |    |        |   |                |                           |             |          |          |          |          |          |          |          |          |  |  |  |  |  |  |
| 2             | 0001212007 | Pendidikan Kewarganegaraan    | <i>Civics</i>                        | 2         |    | √      |   | 2              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |
| 3             | 0001212008 | Pendidikan Pancasila          | <i>Pancasila</i>                     | 2         |    | √      |   | 2              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |
| 4             | 0001212009 | Bahasa Indonesia              | <i>Bahasa Indonesia</i>              | 2         |    | √      |   | 2              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |
| 5             | 0001212010 | Literasi Digital              | <i>Digital Literation</i>            | 2         |    | √      |   | 1              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |
| 6             | 6034212030 | Statistik                     | <i>Statistics</i>                    | 3         | 1  | √      |   | 4              | Matematika (T)            |             |          |          |          | 3        |          |          |          |          |  |  |  |  |  |  |
| 7             | 6034214047 | Metodologi penelitian         | <i>Methodology of Research</i>       | 4         | 2  | √      |   | 5              |                           |             |          |          |          |          | 4        |          |          |          |  |  |  |  |  |  |
| 8             | 0002214010 | Praktek Kerja Lapangan (PKL)  | <i>Internship</i>                    | 4         | 4  | √      |   | 6              | Minimal 100 SKS (L)       |             |          |          |          |          |          | 4        |          |          |  |  |  |  |  |  |
| 9             | 0002213009 | Kuliah Kerja Nyata (KKN)      | <i>Community service</i>             | 3         | 3  | √      |   | 6              |                           |             |          |          |          |          |          |          | 3        |          |  |  |  |  |  |  |
| 10            | 6034216069 | Skripsi                       | <i>Thesis</i>                        | 6         |    | √      |   | 7              | Metodologi Penelitian (L) |             |          |          |          |          |          |          |          | 6        |  |  |  |  |  |  |
| <b>Jumlah</b> |            |                               |                                      | <b>30</b> |    |        |   |                |                           |             | <b>4</b> | <b>4</b> | <b>2</b> | <b>3</b> | <b>4</b> | <b>4</b> | <b>9</b> | <b>0</b> |  |  |  |  |  |  |
| 1             | 0002212004 | Filsafat Ilmu                 | <i>Phillosophy of Science</i>        | 2         |    | √      |   | 1              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |
| 2             | 6034212009 | Sosiologi Olahraga            | <i>Sport Sociology</i>               | 2         |    | √      |   | 1              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |
| 3             | 6034212010 | Filsafat dan Sejarah Olahraga | <i>Sport Phillosophy and History</i> | 2         |    | √      |   | 2              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |
| 4             | 6034214011 | Anatomi                       | <i>Anatomy</i>                       | 4         | 1  | √      |   | 1              |                           |             |          | 4        |          |          |          |          |          |          |  |  |  |  |  |  |
| 5             | 6034212012 | Matematika                    | <i>Mathematics</i>                   | 2         |    | √      |   | 1              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |
| 6             | 6034212013 | Biologi                       | <i>Biology</i>                       | 2         | 1  | √      |   | 1              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |
| 7             | 6034212014 | Fisika                        | <i>Physics</i>                       | 2         | 1  | √      |   | 1              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |
| 8             | 6034212015 | Atletik                       | <i>Track &amp; Field</i>             | 2         | 1  | √      |   | 2              |                           |             |          |          | 2        |          |          |          |          |          |  |  |  |  |  |  |
| 9             | 6034214022 | Fisiologi                     | <i>Physiology</i>                    | 4         | 1  | √      |   | 2              | Anatomi (L)               |             |          | 4        |          |          |          |          |          |          |  |  |  |  |  |  |
| 10            | 6034212023 | Renang                        | <i>Swimming</i>                      | 2         | 1  | √      |   | 3              |                           |             |          |          | 2        |          |          |          |          |          |  |  |  |  |  |  |
| 11            | 6034213024 | Senam                         | <i>Gymnastic</i>                     | 3         | 1  | √      |   | 2              |                           |             |          | 3        |          |          |          |          |          |          |  |  |  |  |  |  |
| 12            | 6034213025 | Psikologi Olahraga            | <i>Sports Psychology</i>             | 3         |    | √      |   | 2              |                           |             |          | 3        |          |          |          |          |          |          |  |  |  |  |  |  |
| 13            | 6034212026 | Pendidikan Olahraga           | <i>Sports Paedagogy</i>              | 2         |    | √      |   | 3              |                           |             |          |          | 2        |          |          |          |          |          |  |  |  |  |  |  |
| 14            | 6034212027 | Kinesiologi                   | <i>Kinesiology</i>                   | 3         |    | √      |   | 4              | Anatomi, Fisiologi (L)    |             |          |          |          | 3        |          |          |          |          |  |  |  |  |  |  |
| 15            | 6034214028 | Biokimia Olahraga             | <i>Biochemical of Exercise</i>       | 3         |    | √      |   | 3              |                           |             |          |          | 3        |          |          |          |          |          |  |  |  |  |  |  |
| 16            | 6034212031 | Pencak Silat                  | <i>Pencak Silat</i>                  | 2         | 1  | √      |   | 2              |                           |             |          | 2        |          |          |          |          |          |          |  |  |  |  |  |  |

|               |            |  |  |           |   |   |   |      |   |   |           |           |           |           |          |          |          |          |   |
|---------------|------------|--|--|-----------|---|---|---|------|---|---|-----------|-----------|-----------|-----------|----------|----------|----------|----------|---|
| 17            | 0002212008 | Kewirausahaan                            | <i>Entrepreneurship</i>                              | 2         | 1 | √ |   | 6    |   |   |           |           |           |           |          |          |          | 2        |   |
| 18            | 6034214034 | Fisiologi Olahraga                       | <i>Physiological of Exercise</i>                     | 4         |   | √ |   | 3    | Fisiologi (L)                                   |   |           | 4         |           |           |          |          |          |          |   |
| 19            | 6034214035 | Biomekanika Olahraga                     | <i>Sports Biomechanic</i>                            | 4         | 2 | √ |   | 5    | Matematika, Fisika (L)                          |   |           |           |           | 4         |          |          |          |          |   |
| 20            | 6034212036 | Farmakologi Dasar & Doping               | <i>Basic Pharmacology &amp; Doping</i>               | 2         | 1 | √ |   | 4    |   |   |           | 2         |           |           |          |          |          |          |   |
| 21            | 6034213037 | Organisasi dan Administrasi Pertandingan | <i>Organization &amp; Adminization of Copetition</i> | 4         | 1 | √ |   | 5    |   |   |           |           |           | 4         |          |          |          |          |   |
| 22            | 6034213049 | Perkembangan dan belajar Motorik         | <i>Motoric Learning</i>                              | 4         | 1 | √ |   | 3    |   |   |           | 4         |           |           |          |          |          |          |   |
| 23            | 6034112064 | Teknologi Olahraga                       | <i>Sports Technology</i>                             | 2         | 1 | √ |   | 3    |   |   |           | 2         |           |           |          |          |          |          |   |
| 24            | 6034213051 | Olahraga Rekreasi dan Tradisional        | <i>Sport Recreation &amp; Traditional</i>            | 3         | 2 | √ |   | 4    |   |   |           |           |           | 3         |          |          |          |          |   |
| 25            | 6034214054 | Tes dan Pengukuran Olahraga              | <i>Sport Test And Measurment</i>                     | 4         | 3 | √ |   | 4    |   |   |           |           |           | 4         |          |          |          |          |   |
| 26            | 6034212056 | Olahraga Usia Dini                       | <i>Youth Sports</i>                                  | 2         | 1 | √ |   | 5    |   |   |           |           |           |           |          |          | 2        |          |   |
| 27            | 6034212057 | Olahraga pada Wanita                     | <i>Sports For Women</i>                              | 2         | 1 | √ |   | 4    |   |   |           |           |           | 2         |          |          |          |          |   |
| 28            | 6034212057 | Olahraga pada Lansia                     | <i>Sports For Elder</i>                              | 2         |   |   |   | 5    |   |   |           |           |           |           |          |          | 2        |          |   |
| 29            | 6034112065 | Evaluasi Program Keolahragaan            | <i>Sports Evaluation Program</i>                     | 3         | 1 | √ |   | 5    |   |   |           |           |           |           |          |          | 3        |          |   |
| 30            | 0002212005 | Bahasa Inggris                           | <i>English</i>                                       | 2         |   | √ |   | 1    |   | 2   |           |           |           |           |          |          |          |          |   |
| 31            | 6034212050 | Olahraga Adaptif                         | <i>Sports Adapted</i>                                | 2         | 1 | √ |   | 7    |   |   |           |           |           |           |          |          |          | 2        |   |
| <b>Jumlah</b> |            |  |  | <b>82</b> |   |   |   |      |   |   | <b>16</b> | <b>16</b> | <b>17</b> | <b>14</b> | <b>8</b> | <b>7</b> | <b>4</b> | <b>0</b> |   |
| 1             | 6034213029 | Ilmu Gizi Olahraga                       | <i>Sports Nutrition</i>                              | 3         |   | √ | √ | 2    |   |   |           | 3         |           |           |          |          |          |          |   |
| 2             | 6034212038 | Masase Olahraga                          | <i>Sport Massage</i>                                 | 2         | 1 | √ | √ | 5    |   |   |           |           |           | 2         |          |          |          |          |   |
| 3             | 6034212046 | Etika layanan                            | <i>Service Ethics</i>                                | 2         |   | √ | √ | 5    |   |   |           |           |           | 2         |          |          |          |          |   |
| 4             | 6034214048 | Metodologi kepelatihan olahraga          | <i>Sports Coaching Methodology</i>                   | 4         | 2 | √ | √ | 5    |   |   |           |           |           | 4         |          |          |          |          |   |
| 5             | 6034213052 | Teori dan Perkembangan Fitnes            | <i>Fitness Theory and Development</i>                | 3         | 2 | √ | √ | 6    |   |   |           |           |           |           |          | 3        |          |          |   |
| 6             | 6034213055 | Pencegahan dan Perawatan Cedera          | <i>Sports Injuries</i>                               | 3         |   | √ | √ | 7    |   |   |           |           |           |           |          |          | 3        |          |   |
| 10            | 6034212066 | Seminar Olahraga                         | <i>Seminar</i>                                       | 2         | 1 | √ | √ | 6    |   |   |           |           |           |           |          |          | 2        |          |   |
| 11            | 6034212039 | Sepak Bola                               | <i>Football</i>                                      |           | 2 |   | √ | 5/6* | MK Pilihan 1 :<br>Pilih Minimal 6 SKS<br>(3 MK) |   |           |           |           |           |          |          | 2        |          |   |
| 12            | 6034212040 | Bola Voli                                | <i>Volleyball</i>                                    | 2         | 2 |   | √ | 5/6* |   |   |           |           |           |           |          |          |          |          | 2 |
| 13            | 6034112041 | Bola Basket                              | <i>Basketball</i>                                    |           | 2 |   | √ | 5/6* |   |   |           |           |           |           |          |          |          | 2        |   |
| 14            | 6034078709 | Sepak Takraw                             | <i>Sepak Takraw</i>                                  | 2         | 2 |   | √ | 5/6* |   |   |           |           |           |           | 2        |          |          |          |   |
| 15            | 6034028710 | Hoki                                     | <i>Field Hockey</i>                                  |           | 2 |   | √ | 5/6* |   |   |           |           |           |           |          |          |          |          |   |
| 16            | 6033978711 | Softball                                 | <i>Softball</i>                                      | 2         | 2 |   | √ | 5/6* |   |   |           |           |           |           |          |          |          | 2        |   |
| 17            | 6033928712 | Bola Tangan                              | <i>Handball</i>                                      |           | 2 |   | √ | 5/6* |   |   |           |           |           |           |          |          |          |          |   |
| 18            | 6033878713 | Cricket                                  | <i>Cricket</i>                                       |           | 2 |   | √ | 5/6* |   |   |           |           |           |           |          |          |          |          |   |
| 19            | 6033828714 | Floorball                                | <i>Floorball</i>                                     |           | 2 |   | √ | 5/6* |   |   |           |           |           |           |          |          |          |          |   |
| 20            | 6033778715 | Bulutangkis                              | <i>Badminton</i>                                     |           | 2 |   | √ | 4**  |   | MK Pilihan 2 :<br>Pilih Min. 4 SKS (2 MK) |           |           |           |           |          |          |          |          |   |
| 21            | 6033728716 | Tenis Lapangan                           | <i>Tennis</i>  | 2         | 2 |   | √ | 4**  |   |   |           |           | 2         |           |          |          |          |          |   |
| 22            | 6033678717 | Tenis Meja                               | <i>Table Tennis</i>                                  |           | 2 |   | √ | 4**  |   |   |           |           |           |           |          |          |          |          |   |
| 23            | 6033628718 | Berkuda                                  | <i>Equestrian</i>                                    |           | 2 |   | √ | 4**  |   |   |           |           |           |           |          |          |          |          |   |
| 24            | 6033578719 | Pentanque                                | <i>Pentanque</i>                                     |           | 2 |   | √ | 4**  |   |   |           |           |           |           |          |          |          |          |   |
| 21            | 6033528720 | Squash                                   | <i>Squash</i>  | 2         | 2 |   | √ | 4**  |   |   |           |           |           | 2         |          |          |          |          |   |

|               |            |  |                                       |   |            |  |   |      |   |           |           |           |           |           |           |           |          |  |   |
|---------------|------------|--|---------------------------------------|---|------------|--|---|------|---|-----------|-----------|-----------|-----------|-----------|-----------|-----------|----------|--|---|
| 22            | 6033478721 | Selam                                    | Diving                                |   | 2          |  | √ | 4**  | MK Pilihan 3 :<br>Pilih Min. 4 SKS (2 MK) |           |           |           |           |           |           |           |          |  |   |
| 23            | 6033428722 | Terapi Spa                               | Spa Therapy                           |   | 1          |  | √ | 7*** |   |           |           |           |           |           |           |           |          |  |   |
| 24            | 6033378723 | Jurnalistik Olahraga                     | Sports Journalism                     | 2 | 1          |  | √ | 7*** |   |           |           |           |           |           |           |           |          |  | 2 |
| 25            | 6033328724 | Lifeguard                                | Lifeguard                             | 2 | 1          |  | √ | 7*** |   |           |           |           |           |           |           |           |          |  | 2 |
| 26            | 6033278725 | Teknologi Informasi dan Komunikasi (TIK) | Information & Comunication Technology |   |            |  | √ | 7*** |   |           |           |           |           |           |           |           |          |  |   |
| <b>Jumlah</b> |            |  |                                       |   | <b>33</b>  |  |   |      |   | <b>0</b>  | <b>0</b>  | <b>3</b>  | <b>4</b>  | <b>10</b> | <b>9</b>  | <b>7</b>  | <b>0</b> |  |   |
| <b>Jumlah</b> |            |  |                                       |   | <b>145</b> |  |   |      |   | <b>20</b> | <b>20</b> | <b>22</b> | <b>21</b> | <b>22</b> | <b>20</b> | <b>20</b> | <b>0</b> |  |   |

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| 1. MK KONSENTRASI PEMINATAN KESEHATAN OLARAHAGA MASYARAKAT |         |  |                                 |            |    |        |   |                |           |             |           |           |           |           |           |           |          |  |
|--|---------|--|---------------------------------|------------|----|--------|---|----------------|-----------|-------------|-----------|-----------|-----------|-----------|-----------|-----------|----------|--|
| No.  | Kode MK | Nama Matakuliah                                      | Nama Matakuliah<br>(in English) | Kegiatan   |    | Status |   | Semester<br>ke | Prasyarat | Semester ke |           |           |           |           |           |           |          |  |
|  |         |  |                                 | K          | Pr | W      | P |                |           | 1           | 2         | 3         | 4         | 5         | 6         | 7         | 8        |  |
| 1  |         | Aktivitas Fisik dan Penyakit Tidak Menular           |                                 | 2          |    |        |   | 5              |           |             |           |           |           | 2         |           |           |          |  |
| 2  |         | Kesehatan Olahraga Anak, Wanita dan Lansia           |                                 | 2          |    |        |   | 5              |           |             |           |           |           | 2         |           |           |          |  |
| 3  |         | Current issue Fitness dan Kebugaran                  |                                 | 2          |    |        |   | 5              |           |             |           |           |           | 2         |           |           |          |  |
| 4  |         | Aspek Bisnis Fitness dan Kebugaran                   |                                 | 2          |    |        |   | 5              |           |             |           |           |           | 2         |           |           |          |  |
| 5  |         | Hygiene Olahraga                                     |                                 | 2          |    |        |   | 5              |           |             |           |           |           | 2         |           |           |          |  |
| 6  |         | Olahraga dan Lingkungan                              |                                 | 2          |    |        |   | 6              |           |             |           |           |           |           | 2         |           |          |  |
| 7  |         | Faal Lingkungan dan Metode Latihan                   |                                 | 2          |    |        |   | 6              |           |             |           |           |           |           | 2         |           |          |  |
| 8  |         | Psikologi Olahraga Terapan dan Doping                |                                 | 2          |    |        |   | 6              |           |             |           |           |           |           | 2         |           |          |  |
| 9  |         | Ergonomi dan Rehabilitasi Olahraga                   |                                 | 3          |    |        |   | 6              |           |             |           |           |           |           | 3         |           |          |  |
| 10   |         | Kebugaran: Promosi Kesehatan dan Pencegahan Penyakit |                                 | 2          |    |        |   | 7              |           |             |           |           |           |           |           |           | 2        |  |
| 11   |         | Epidemiologi Cedera Olahraga                         |                                 | 2          |    |        |   | 7              |           |             |           |           |           |           |           |           | 2        |  |
| 12   |         | Manajemen Olahraga Disabilitas                       |                                 | 2          |    |        |   | 7              |           |             |           |           |           |           |           |           | 2        |  |
| 13   |         | Olahraga dan SDGS                                    |                                 | 2          |    |        |   | 7              |           |             |           |           |           |           |           |           | 2        |  |
| 14   |         | Prinsip Pertolongan Pertama Darurat Olahraga         |                                 | 2          |    |        |   | 7              |           |             |           |           |           |           |           |           | 2        |  |
| 15   |         | Pengantar Riset Kesehatan Olahraga                   |                                 | 3          |    |        |   | 7              |           |             |           |           |           |           |           |           | 3        |  |
| <b>Jumlah</b>  |         |  |                                 | <b>32</b>  |    |        |   |                |           | <b>0</b>    | <b>0</b>  | <b>0</b>  | <b>0</b>  | <b>10</b> | <b>9</b>  | <b>13</b> | <b>0</b> |  |
| <b>Jumlah</b>  |         |  |                                 | <b>144</b> |    |        |   |                |           | <b>20</b>   | <b>20</b> | <b>22</b> | <b>21</b> | <b>22</b> | <b>20</b> | <b>20</b> | <b>6</b> |  |

| 2. MK KONSENTRASI PEMINATAN GIZI OLARAHAGA |         |  |                                 |          |    |        |   |                |           |             |   |   |   |   |   |   |   |  |
|--|---------|--|---------------------------------|----------|----|--------|---|----------------|-----------|-------------|---|---|---|---|---|---|---|--|
| No.  | Kode MK | Nama Matakuliah                              | Nama Matakuliah<br>(in English) | Kegiatan |    | Status |   | Semester<br>ke | Prasyarat | Semester ke |   |   |   |   |   |   |   |  |
|  |         |  |                                 | K        | Pr | W      | P |                |           | 1           | 2 | 3 | 4 | 5 | 6 | 7 | 8 |  |
| 1  |         | Metabolisme Energi dan Zat Gizi              |                                 | 2        |    |        |   | 5              |           |             |   |   |   | 2 |   |   |   |  |
| 2  |         | Gizi Performa dan Ergogenik Aids             |                                 | 2        |    |        |   | 5              |           |             |   |   |   | 2 |   |   |   |  |
| 3  |         | Gizi dan Imunitas                            |                                 | 2        |    |        |   | 5              |           |             |   |   |   | 2 |   |   |   |  |
| 4  |         | Kebutuhan dan Kecukupan Gizi                 |                                 | 2        |    |        |   | 5              |           |             |   |   |   | 2 |   |   |   |  |
| 5  |         | Gizi Rehabilitasi untuk Cedera dan Pemulihan |                                 | 2        |    |        |   | 5              |           |             |   |   |   | 2 |   |   |   |  |
| 6  |         | Penilaian Status Gizi                        |                                 | 2        |    |        |   | 6              |           |             |   |   |   |   | 2 |   |   |  |

|    |  |  |  |           |  |  |  |   |  |  |          |          |          |          |           |          |           |          |
|----|--|--|--|-----------|--|--|--|---|--|--|----------|----------|----------|----------|-----------|----------|-----------|----------|
| 7  |  | Program Latihan dan Gizi Olahraga            |  | 3         |  |  |  | 6 |  |  |          |          |          |          | 3         |          |           |          |
| 8  |  | Manajemen Penyelenggaraan Makanan Atlet      |  | 2         |  |  |  | 6 |  |  |          |          |          |          | 2         |          |           |          |
| 9  |  | Nutrigenomik Olahraga                        |  | 2         |  |  |  | 6 |  |  |          |          |          |          | 2         |          |           |          |
| 10 |  | Manajemen Data Gizi                          |  | 2         |  |  |  | 7 |  |  |          |          |          |          |           | 2        |           |          |
| 11 |  | Komunikasi dan Pendidikan Gizi               |  | 2         |  |  |  | 7 |  |  |          |          |          |          |           | 2        |           |          |
| 12 |  | Enterpreneur Pangan dan Gizi Olahraga        |  | 2         |  |  |  | 7 |  |  |          |          |          |          |           | 2        |           |          |
| 13 |  | Metode Penelitian Gizi Olahraga              |  | 3         |  |  |  | 7 |  |  |          |          |          |          |           | 3        |           |          |
| 14 |  | Antropologi Budaya dan Pangan                |  | 2         |  |  |  | 7 |  |  |          |          |          |          |           | 2        |           |          |
| 15 |  | Gizi dan Gangguan Kesehatan terkait Olahraga |  | 2         |  |  |  | 7 |  |  |          |          |          |          |           | 2        |           |          |
|    |  |  |  | <b>32</b> |  |  |  |   |  |  | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>10</b> | <b>9</b> | <b>13</b> | <b>0</b> |

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## 3. MK KONSENTRASI PEMINATAN MANAJEMEN OLAHRAGA

| No. | Kode MK | Nama Matakuliah                       | Nama Matakuliah<br>(in English) | Kegiatan  |    |   |   | Semester<br>ke | Prasyarat | Semester ke |          |          |          |          |           |          |           |          |
|-----|---------|---------------------------------------|---------------------------------|-----------|----|---|---|----------------|-----------|-------------|----------|----------|----------|----------|-----------|----------|-----------|----------|
|     |         |                                       |                                 | K         | Pr | W | P |                |           | 1           | 2        | 3        | 4        | 5        | 6         | 7        | 8         |          |
|     |         |                                       |                                 |           |    |   |   |                |           |             |          |          |          |          |           |          |           |          |
| 1   |         | Pengantar Ekonomi Mikro 1             |                                 | 2         |    |   |   | 5              |           |             |          |          |          | 2        |           |          |           |          |
| 2   |         | Pengantar Ekonomi Mikro 2             |                                 | 2         |    |   |   | 5              |           |             |          |          |          | 2        |           |          |           |          |
| 3   |         | Manajemen PR & iklan olahraga         |                                 | 4         |    |   |   | 5              |           |             |          |          |          | 4        |           |          |           |          |
| 4   |         | Global Sports Tourism                 |                                 | 2         |    |   |   | 5              |           |             |          |          |          | 2        |           |          |           |          |
| 5   |         | Pengelolaan Sumber Daya Manusia       |                                 | 3         |    |   |   | 6              |           |             |          |          |          |          | 3         |          |           |          |
| 6   |         | Media Penyiaran Berita Olahraga       |                                 | 2         |    |   |   | 6              |           |             |          |          |          |          | 2         |          |           |          |
| 7   |         | Sports Event, Law & Risk Management   |                                 | 2         |    |   |   | 6              |           |             |          |          |          |          | 2         |          |           |          |
| 8   |         | Sports training, tactics & psychology |                                 | 2         |    |   |   | 6              |           |             |          |          |          |          | 2         |          |           |          |
| 9   |         | Pemasaran Olahraga                    |                                 | 3         |    |   |   | 7              |           |             |          |          |          |          |           | 3        |           |          |
| 10  |         | Prinsip Ekonomi Olahraga Makro 1      |                                 | 2         |    |   |   | 7              |           |             |          |          |          |          |           | 2        |           |          |
| 11  |         | Komunikasi Olahraga                   |                                 | 2         |    |   |   | 7              |           |             |          |          |          |          |           | 2        |           |          |
| 12  |         | Akuntansi Perbankan Olahraga          |                                 | 2         |    |   |   | 7              |           |             |          |          |          |          |           | 2        |           |          |
| 13  |         | Manajemen Olahraga                    |                                 | 2         |    |   |   | 7              |           |             |          |          |          |          |           | 2        |           |          |
| 14  |         | Prinsip Ekonomi Olahraga Makro 2      |                                 | 2         |    |   |   | 7              |           |             |          |          |          |          |           | 2        |           |          |
|     |         |                                       |                                 | <b>32</b> |    |   |   |                |           |             | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>10</b> | <b>9</b> | <b>13</b> | <b>0</b> |

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## 4. MK KONSENTRASI PEMINATAN OLAHRAGA REKREASI

| No. | Kode MK | Nama Matakuliah                                  | Nama Matakuliah<br>(in English) | Kegiatan |    |   |   | Semester<br>ke | Prasyarat | Semester ke |   |   |   |   |   |   |   |
|-----|---------|--|---------------------------------|----------|----|---|---|----------------|-----------|-------------|---|---|---|---|---|---|---|
|     |         |  |                                 | K        | Pr | W | P |                |           | 1           | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|     |         |  |                                 |          |    |   |   |                |           |             |   |   |   |   |   |   |   |
| 1   |         | Pengantar Olahraga Rekreasi                      |                                 | 2        |    |   |   | 5              |           |             |   |   |   | 2 |   |   |   |
| 2   |         | Manajemen dan Administrasi Olahraga Rekreasi     |                                 | 2        |    |   |   | 5              |           |             |   |   |   | 2 |   |   |   |
| 3   |         | Profesi dan etika olahraga rekreasi              |                                 | 2        |    |   |   | 5              |           |             |   |   |   | 2 |   |   |   |
| 4   |         | Promosi Kesehatan dan Kebugaran                  |                                 | 2        |    |   |   | 5              |           |             |   |   |   | 2 |   |   |   |
| 5   |         | Public Relation dan Komunikasi Olahraga rekreasi |                                 | 2        |    |   |   | 5              |           |             |   |   |   | 2 |   |   |   |

|    |   |           |  |  |  |   |  |  |  |  |          |          |          |          |           |          |           |          |
|----|---|-----------|--|--|--|---|--|--|--|--|----------|----------|----------|----------|-----------|----------|-----------|----------|
| 6  | Survival Lifesaving, dan Watersafety          | 3         |  |  |  | 6 |  |  |  |  |          |          |          | 3        |           |          |           |          |
| 7  | Sarana prasarana olahraga rekreasi            | 3         |  |  |  | 6 |  |  |  |  |          |          |          | 3        |           |          |           |          |
| 8  | Strategi bisnis olahraga rekreasi             | 3         |  |  |  | 6 |  |  |  |  |          |          |          | 3        |           |          |           |          |
| 9  | Pengembangan olahraga rekreasi berbasis Alam  | 2         |  |  |  | 7 |  |  |  |  |          |          |          |          | 2         |          |           |          |
| 10 | Pengembangan olahraga rekreasi berbasis Air   | 2         |  |  |  | 7 |  |  |  |  |          |          |          |          | 2         |          |           |          |
| 11 | Pengembangan olahraga rekreasi berbasis Udara | 2         |  |  |  | 7 |  |  |  |  |          |          |          |          | 2         |          |           |          |
| 12 | Event Olahraga Rekreasi                       | 4         |  |  |  | 7 |  |  |  |  |          |          |          |          | 4         |          |           |          |
| 13 | Pemasaran Olahraga rekreasi                   | 3         |  |  |  | 7 |  |  |  |  |          |          |          |          | 3         |          |           |          |
|    |   | <b>32</b> |  |  |  |   |  |  |  |  | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>10</b> | <b>9</b> | <b>13</b> | <b>0</b> |

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**5. MK KONSENTRASI PEMINATAN TERAPI MASASE OLAHRAGA**

| No. | Kode MK | Nama Matakuliah                 | Nama Matakuliah<br>(in English) | Kegiatan  |    | Status |   | Semester<br>ke | Prasyarat | Semester ke |          |          |          |          |           |          |           |          |
|-----|---------|---------------------------------|---------------------------------|-----------|----|--------|---|----------------|-----------|-------------|----------|----------|----------|----------|-----------|----------|-----------|----------|
|     |         |                                 |                                 | K         | Pr | W      | P |                |           | 1           | 2        | 3        | 4        | 5        | 6         | 7        | 8         |          |
| 1   |         | Masase Olahraga                 |                                 | 3         |    |        |   | 5              |           |             |          |          |          | 3        |           |          |           |          |
| 2   |         | Deep Tissue Massage             |                                 | 3         |    |        |   | 5              |           |             |          |          |          | 3        |           |          |           |          |
| 3   |         | Patologi Terapi Masase Olahraga |                                 | 2         |    |        |   | 5              |           |             |          |          |          | 2        |           |          |           |          |
| 4   |         | Muscle Testing                  |                                 | 2         |    |        |   | 5              |           |             |          |          |          | 2        |           |          |           |          |
| 5   |         | Masase Wanita dan Lansia        |                                 | 3         |    |        |   | 6              |           |             |          |          |          |          | 3         |          |           |          |
| 6   |         | Pencegahan Dan Perawatan Cedera |                                 | 3         |    |        |   | 6              |           |             |          |          |          |          | 3         |          |           |          |
| 7   |         | Masase Terapi Cedera            |                                 | 3         |    |        |   | 6              |           |             |          |          |          |          | 3         |          |           |          |
| 8   |         | Masase Disabilitas              |                                 | 2         |    |        |   | 7              |           |             |          |          |          |          |           |          | 2         |          |
| 9   |         | Masase Pediatri                 |                                 | 2         |    |        |   | 7              |           |             |          |          |          |          |           |          | 2         |          |
| 10  |         | Terapi Aquatik                  |                                 | 2         |    |        |   | 7              |           |             |          |          |          |          |           |          | 2         |          |
| 11  |         | Terapi Spa                      |                                 | 2         |    |        |   | 7              |           |             |          |          |          |          |           |          | 2         |          |
| 12  |         | Fisioterapi Olahraga            |                                 | 3         |    |        |   | 7              |           |             |          |          |          |          |           |          | 3         |          |
| 13  |         | Tapping                         |                                 | 2         |    |        |   | 7              |           |             |          |          |          |          |           |          | 2         |          |
|     |         |                                 |                                 | <b>32</b> |    |        |   |                |           |             | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>10</b> | <b>9</b> | <b>13</b> | <b>0</b> |

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**Keterangan :**

T = Wajib Tempuh (Minimal harus sudah pernah memprogram)

L = Wajib Lulus (Minimal nilai harus 2 / C)

\*) = Mata Kuliah Pilihan Pertama (Minimal 6 SKS atau 3 Mata Kuliah dari MK Pilihan 1)

\*\*\*) = Mata Kuliah Pilihan Kedua (Minimal 4 SKS atau 2 Mata Kuliah dari MK Pilihan 2)

\*\*\*\*) = Mata Kuliah Pilihan Ketiga (Minimal 4 SKS atau 2 Mata Kuliah dari MK Pilihan 3)