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# ACADEMIC PROGRAM BOOK

Undergraduate Programme  
of Sport Coaching Education

 [pko.fikk.unesa.ac.id](mailto:pko.fikk.unesa.ac.id)  [@pkounesa](https://www.instagram.com/pkounesa)  Surabaya, Indonesia



Universitas Negeri Surabaya



## Learning Outcome

State University of Surabaya's S1 Sports Coaching Education study Program is designed to produce graduates who have the following competencies:

Description Parameter	Programme Learning Outcome/ PLO
Attitude	Able to show scientific, critical and innovative attitudes in professional physical education learning
	Able to show religious and cultural values well in accordance with academic ethics in carrying out duties professionally
Knowledge	Able to demonstrate theoretical and practical knowledge of physical education through identification of physical education concepts
	Able to apply the knowledge of the concept of physical education to deal with problems that occur in the field with modification approach
	Able to apply problem solving methods in the field of physical education through class action research
	Able to apply technology in educational learning physical
	Able to master theoretical and practical concepts in the field of physical education, especially the development of creativity (entrepreneur) in physical education and sports
Special skills	Able to solve problems in project-based physical education and guided discovery independently or in groups
	Able to design research independently or in groups to provide alternative solutions to problems in the field of education physical
General skills	Able to use appropriate ICT to obtain alternative solutions to problems in the sphere of physical education with various approach models.
	Designing entrepreneurial design related to physical education and sports

## Lecturer's Profile

1. Fajar Eka Samudra. – Physical Conditioning
2. Prof. Made Sriundi- Assessment Physical Education
3. Andri Suyoko M.Kes - Learning Activity
4. Prof Imam Syafii - Public Health
5. Dr. Mohammad - Media and learning technology
6. Bhkti Lestari. - Curriculum Design
7. Prof. Nurkholis - Teaching Activity
8. Prof Gigih Slantoro. - Sport Science

# Accreditation and Certification

“Excellent” National Accreditation



Following a full programme review

# AQAS

AGENTUR FÜR  
QUALITÄTSSICHERUNG DURCH  
AKKREDITIERUNG VON  
STUDIENGÄNGEN E.V.

accredits the study programme

## **SPORT COACHING EDUCATION (BACHELOR OF EDUCATION)**

at

### **UNIVERSITAS NEGERI SURABAYA, INDONESIA**

The accreditation procedure and the resolution are based on the Standards and Guidelines for Quality Assurance in the European Higher Education Area (ESG). The programme essentially complies with the AQAS Criteria for Programme Accreditation and is in compliance with the requirements defined by the ESG. The accreditation is implemented according to the resolution of the Standing Commission of May 16, 2022. The accreditation is conditional and valid until September 30, 2028.

Procedure No. 77073

COLOGNE, MAY 19, 2022

  
PROF. DR. EBERHARD MENZEL  
PRESIDENT

  
DR. VERENA KLOETERS  
MANAGING DIRECTOR

AQAS e.V. is recognized by and/or member of the following organisations



# Program's Profile

## A Brief History

### A. IDENTITAS PROGRAM STUDY

1	University	:	Universitas Negeri Surabaya
2	Implementatio of Learning Process		
	a. Faculty	:	Faculty of Sport Science and Health
	b. Department	:	Sport Science
	c. Study Program	:	Sport Coaching Education
3	Establishment License Number	:	
4	Operational License Number	:	
5	a. BAN-PT Status Accreditation	:	Accredited
	b. Decree Number	:	
	c. Date Expired	:	
	d. Rank	:	A
6	Graduate Degree	:	Bachelor of Degree
7	Number of Students	:	
8	Number of Lectures		9
9	Study Program Address		STATE UNIVERSITY OF SURABAYA Lidah Campus, Lidah Wetan street, Lakarsantri sub-district, Surabaya City, East Java 60213
10	Telephone Number		031-7532571
12	Study Program Website		<a href="https://pko.fikk.unesa.ac.id/">https://pko.fikk.unesa.ac.id/</a>

### Graduate Profile

Profiles of graduates from the S1 Sports Coaching Study Program to become sports coaches of achievement and fitness and educators who have excellence in sports coaching science, sports field analysis, sports practitioners, professionals and character, so that based on the profile of graduates, 4 study program objectives are formulated (Programe Education Outcomes/ PEO) namely:

1. Graduates have competence in sports science knowledge which includes exercise physiology, biomechanics, sports psychology, strength and conditioning, sports nutrition and Athlete performance analysis.
2. Graduates master a set of pedagogical knowledge and abilities consisting of human movement, health and physical activity, holistic awareness of healthy living culture, interpretive and analytical thinking, and organizational leadership skills.
3. Graduates master the theory, practice and application in analyzing the physical, technical, and mental abilities of athletes according to the sport they master.
4. Graduates are able to explore the basics of leadership, management and its application in sports, under the influence of social, cultural and economic forces with an honest and tough character.

## Vision, Mission and Goals

### **Vision of the Sports Coaching Education Department**

“Capable of developing superior sports coaching science and technology (IPTEK) in Southeast Asia in 2025”. The Excellence Program for S-1 Sports Coaching Education at FIK Unesa is a program to improve the competence of trainers, develop physical exercise programs, develop general sports management, even coaching, and develop technology through education and training processes, research, and community service.

### **Mission of the Sports Coaching Education Department**

1. Organizing S1 Sports Coaching Education Study Program based on science and technology to produce graduates who are professional and have academic skills, ethics, faith, piety and have a leadership spirit so that they are able to play an active role in the development of Sports Coaching Science.
2. Develop sports technology research.
3. Organizing community service in the field of sports in the form of providing sports training and sports seminars as well as participating in assisting the development of sports in the region through sending lecturers and students.
4. Building cooperation with various national and regional related agencies.
5. Building governance that is able to meet the needs of stakeholders and the wider community.

### **The Goals of the Sports Coaching Education Department**

Produce PKO graduates who are professional and capable of leadership so that they are able to play an active role in the development of Sports Coaching Science.

1. Developing and disseminating the science and technology of sports coaching science, as well as seeking its use is to improve sports performance.
2. Support the development of a democratic civil society through sports coaching.
3. Achieve competitive and comparative advantage through the application of the principles of resource management of the study program in accordance with the principles of professional management.

### **Purpose of Study Program (PEO)**

The S1 Study Program of Sports Coaching Education, Faculty of Sports Science, State University of Surabaya (Unesa), focuses its goal on producing graduates who can become professionals in the field sports coaching education (Sports Educator and Sports Coach) which has the following characteristics.

1. Graduates have competency knowledge of sports science which includes exercise physiology, biomechanics, sports psychology, strength and conditioning, sports nutrition and Athlete performance analysis. (PEO 1)
2. Graduates master a set of pedagogical knowledge and abilities consisting of human movement, health and physical activity, holistic awareness of healthy living culture, interpretive and analytical thinking, and organizational leadership skills. (PEO 2)
3. Graduates master the theory, practice and application in analyzing the physical, technical, and mental abilities of athletes according to the sport they master. (PEO 3)
4. Graduates are able to explore the basics of leadership, management and its application in sports, under the influence of social, cultural and economic forces with an honest and tough character. (PEO 4)

### Description of the LEARNING OUTCOME (PLO) PROGRAM for Sports Coaching Education

No.	PLO	Description
1	PLO-1	Mastering the concepts, theoretical and practical in the field of sports coaching education which includes pedagogy, sports, health and activities outside the classroom.
2	PLO-2	Mastering the principles of using and developing technology in sports coaching science learning
3	PLO-3	Mastering the theory, concepts of appreciation of ethics in the development of science and technology in sports coaching
4	PLO-4	Able to analyze in oral and written form scientifically about the development, improvement and development of achievement sports supported by science and technology sports coaching
5	PLO-5	Able to <u>make sports</u> training programs according to the sport occupied
6	PLO-6	Able to reconstruct, interpret, analyze and think in a structured way to problems that occur in the field with a modified approach.
7	PLO-7	Able to train professionally according to the sport they are engaged in.
8	PLO-8	Ability to explore the principles and basics of leadership and management and how they are applied in sports and the influence of social, cultural and economic forces.
9	PLO-9	Expert in sports coaching
10	PLO-10	Consultant for improving sports performance
11	PLO-11	Analyzing the ability and performance of athletes in training and competing
12	PLO-12	Expert in sports coaching education
13	PLO-13	Professionally responsible for achieving results individual and group performance
14	PLO-14	Professionally responsible for the ongoing process.
15	PLO-15	Be honest about weaknesses and act to improve them.
16	PLO-16	Collaborating with other individuals