

## MINISTRY OF EDUCATION AND CULTURE UNIVERSITAS NEGERI SURABAYA FACULTY OF MATHEMATICS AND NATURAL SCIENCES **DEPARTMENT OF NATURAL SCIENCES** Ketintang Campus, Jl. Ketintang C12 Building, Surabaya 60231

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## **Undergraduate Programme in Science Education**

**Module Handbook** 

Module Name:	Biomekanika		
	(Biomechanics)		
Module Level:	Bachelor degree/Undergraduate Programme		
Course Code:	8420103053		
Abbreviation, if applicable:	-		
Courses included in the module, if	Not applicable		
applicable:			
Semester/term	III/Second year (Freshmen)		
Module coordinator(s):	Dr. Elok Sudibyo, M.Pd.		
Lecturer(s):	Dr. Elok Sudibyo, M.Pd.		
	Dra. Martini, M.Pd.		
	Dhita Ayu Permata Sari, S.Pd	. <i>,</i> M.Pd.	
Language:	Bahasa Indonesia (Indonesian Language)		
Classification within the curriculum:	Compulsory / <del>Elective</del>		
Teaching format/class hours per	3 contact hours of lectures (Indonesia credit semester or		
week during the semester:	sks*)		
Workload:	3 × 50 minutes lectures, 3 × 60 minutes structured activity,		
	$3 \times 60$ minutes individual activity, 14 weeks per semester,		
	119 total hours per semester ~ 4.77 ECTS**		
Credit point:	3 sks (4.77 ECTS)		
Requirements:	– General Physics (Code: 8420103045)		
	<ul> <li>General Chemistry (Code: 8420103074)</li> </ul>		
	– General Biology (Code: 8420103023)		
Learning goals/competencies:	Course Learning Outcomes (CLOs):		
	After taking this course, students will be able to:		
	1. Apply basic science basic knowledge of physics,		
	chemistry, and biology to describe phenomena and		
	process of movement in living things by utilizing		
	relevant ICTs;		
	2. Communicate ideas and research result related to		
	movement in living things both orally or in writing;		
	3. Demonstrate decision making skills during laboratory		
	activity.		
Content:	Kinetics, kinematics, plant movement, human/animal		
	movement.		
Attribute Soft skill:	Discipline, collaboration, responsibility, and argumentation		
	in the natural classroom setting		
Study/exam achievements:	Students are considered to be competent and pass if at		
	least get 40% of the maximum final grade. The final grade		
	(NA) is calculated based on the following weight:		
	Assessment Components	Percentage Contribution	
	Participation	20%	
	Assignment	30%	



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	Mid-semester test	20%	
	Final semester test	30%	
	Total	100%	
Learning Methods Form of Media:	Constructivism, student-centered approach, project-based learning, lecturing, discussion, and presentation (structured activities), and flip learning		
Literature (primary references):	1 Hamill L & Knutzen K M 2015 Biomechanical Basis		
Literature (primary references).	<ol> <li>Inamin, J. &amp; Kindzen, K. M. 2013. <i>Bioinectranical Basis</i> of Human Movement. Second Edition. Philadelphia: Lippincott Williams &amp; Wilkins.</li> <li>Giancoli, Douglas C. 2016. <i>Physics: Principles with</i> <i>Applications 7<sup>th</sup> Edition</i>. Boston: Pearson.</li> <li>Beck, Charles B. 2010. <i>An Introduction to Plant</i> <i>Structure and Development: Plant Anatomy for the</i> <i>Twenty-First Century, 2 Edition Book</i>. New York: Cambridge University Press.</li> <li>Trefil, J. and Hazen, R.M., 2016. <i>The Sciences: An</i> <i>Integrated Approach</i>. Wiley Global Education.</li> <li>Reece, J. B., Urry, L. A., Cain, M. L., Wasserman, S. A., Minorsky, P. V., &amp; Jackson, R. B. (2014). <i>Campbell</i> <i>biology</i> (No. s 1309). Boston, MA: Pearson.</li> <li>Taiz, L. and Zeiger E. 2010. <i>Plant Physiology, Fifth</i></li> </ol>		
Notes:	*1 sks in learning process = three contact hours that		
	consist of: (a) scheduled instruction in a classroom or		
	laboratory (50 minutes); (b) structured activity (60 minutes); and (c) individual activity (60 minutes)		
	according to the Regulation of Indonesia Ministry of Research, Technology, and Higher Education No. 44 Year 2015 jo. the Regulation of Indonesia Ministry of Research, Technology, and Higher Education No. 50 Year 2018. **1 sks = 1,59 ECTS		